

## High Country Senior Games Kick-Off

Written by Steve Frank  
Friday, 10 May 2013 13:59

---

Let the games begin...the High Country Senior Games. Participants were invited to Appalachian Brian Estates Friday morning for breakfast to kick-off the annual games. Actual competition started just after the meal, with Ping Pong, Cornhole, and other activities at ABE. There is still time to register for events yet to come--just contact the Parks and Recreation Department or their website for information.